

1. 阅读理解

Educational APP Store

Duolingo

Duolingo is regarded as one of the best English language apps today, which is strongly recommended for English amateurs. The system of the app helps you learn English quickly by spending twenty minutes a day. Duolingo structures your lessons that teach you about seven new words based on a topic and skill points being awarded for completing the lessons.

Busuu

Busuu helps you learn English language on the go and the lesson's quality is guaranteed as it is based on CEFR language framework. Lessons range from beginners to advanced learners. Busuu is actually a great English app if you want to improve your spoken English by talking with native speakers.

Memrise

Memrise uses some creative and easy ways to memorize English words. The focus of this app is to help the users expand their vocabulary by learning English words in an effective way. Memrise also offers an offline mode to continue learning without Internet connection.

Rosetta Stone

Rosetta Stone is designed differently from average language apps on the marketplace today. It's trying to teach us English the way we'd learn it, as if we were children starting to learn the language. Furthermore, it has exercises designed to help you learn basic words. A variety of lessons are offered that Rosetta Stone has been using for years.

【1】Which app mentions the time for daily study?

- A. Busuu.
- B. Duolingo.
- C. Memrise.
- D. Rosetta Stone.

【2】Why is Memrise distinct from the others?

- A. It will give learners quick progress.
- B. It has many vocabulary lessons.
- C. It is designed for English beginners.
- D. It can be applied offline as well.

【3】The passage is written to _____.

- A. inform readers of research results
- B. encourage English beginners
- C. recommend English-learning apps
- D. introduce ways of learning

2. 阅读理解

My First Marathon

Three weeks before my first marathon, one of my ankles was injured and this meant not running for two weeks, leaving me only one week to train. Yet, I was determined to go ahead.

I remember back to my 7th year in school. In my first P.E. class, the teacher required us to run laps and then hit a softball. My performance was really terrible. He later informed me that I was "not athletic".

The idea that I was "not athletic" stuck with me for years. When I started running in my 30s, I realized running was a battle against myself, not about competition or whether or not I was athletic. It was all about the battle against my own body and mind. A test of wills!

The night before my marathon, I dreamt that I couldn't even find the finish line. I woke up sweating and nervous, but I was ready to prove something to myself.

Shortly after crossing the start line, my shoe laces became untied. So I stopped to readjust. Not the start I wanted!

At mile 3, I passed a sign: "GO FOR IT, RUNNERS!"

By mile 17, I became out of breath and the once injured ankle hurt badly. Despite the pain, I stayed the course walking a bit and then running again.

By mile 21, I was starving!

As I approached mile 23, I could see my wife waving a sign. She is my biggest fan. She never minded the alarm clock sounding at 4 a.m. or questioned my expenses on running.

I was one of the final runners to finish. But I finished! And I got a medal. In fact, I got the same medal as the one that the guy who came in first place had.

Determined to be myself and move forward, free of shame and worldly labels(世俗标签), I can now call myself a "marathon winner".

【1】Three weeks before the marathon, the author _____.

- A. was well trained
- B. felt scared
- C. made up his mind to run
- D. lost hope

【2】Why did the author mention the P.E. class in his 7th year?

- A. To acknowledge the support of his teacher.
- B. To show he was not talented in sports.
- C. To amuse the readers with a funny story.
- D. To share a precious memory.

【3】How was the author's first marathon?

- A. He made it.
- B. He quit halfway.
- C. He got the first prize.
- D. He walked to the end.

【4】What does the story mainly tell us?

- A. A man contributes his success to his family support.
- B. A winner is one with a great effort of will.
- C. Failure is the mother of success.