

2022年高二下半期英语假期作业完整试卷

1. 单词拼写

单词拼写

- 【1】His death was a great _____ (悲伤) to everyone who knew him.
【2】_____ (节目制作和播放) is the making and sending out of television and radio programmes.
【3】If you _____ (支持, 拥护) a particular action or plan, you recommend it publicly.
【4】Drinks that can make people drunk, such as beer, wine, and whisky, can be referred to as _____ (酒).
【5】Some _____ (专家) will be sent to assist you with the research work.
【6】Though it is a _____ (临时的) job, I still can earn some money to help my parents.
【7】_____ (电视观众) are people who watch television, or who are watching a particular programme on television.
【8】The old man is suffering from _____ (严重的) mental disorder.

2. 完成句子

单句语法填空

- 【1】This creature lives in the _____ (deep) of the ocean, more than 1, 000 meters below the surface.
【2】You know how _____ (thank) I am for all your help to me.
【3】Although she is junior _____ me by two years, she has more working experience.
【4】I usually take something to read when I travel by train _____ case I feel bored.
【5】Chinese art has won the _____ (appreciate) of a lot of people outside China.
【6】Policies are also an important factor for the car market apart _____ the purchasing power of people.
【7】_____ (surround) by thick bamboos, the ancient city hadn't been discovered until the 1990s.
【8】I didn't expect the manager _____ (approve) of your plan.

3. 完成句子

选词填空

apart from, cheer... up, in good spirits, devote... to, adapt to, focus on

- 【1】I'm afraid he can't _____ the idea of having a woman as his boss.
【2】He is so kind a person that he _____ his life _____ helping blind people.
【3】Their letters of support made me _____ all day long.
【4】It's very important to have such a friend who will _____ you _____ when you are in a bad mood.
【5】Today we are going to _____ the problems of homeless people.
【6】We should be concerned with those students who live _____ their parents.

4.

4 super-simple secrets to living longer, healthier and happier

Journalist Dan Buettner has spent over a decade studying the healthiest, longest-living people around the world, from residents of the Japanese island of Okinawa to the Greek island of Ikaria—so-called “Blue Zones”.

Now, he's letting the rest of us in on their secrets in his new book, *The Blue Zones Solution: Eating and Living Like the World's Healthiest People*. Here are the most important longevity-boosting habits of 100-year-olds around the globe. 【1】

1. Find your group

“Who you hang out with beats just about everything else when it comes to your health,” says Buettner. He found that the people who live longest surround themselves with people who support healthy behaviors. 【2】

2. Eat smart

The world's healthiest 100-year-olds stick with diets that are 95 percent plant-based, says Buettner. 【3】 British researchers tracked 65,000 people for 12 years and found that those who ate seven or more portions of vegetables and fruits every day lowered their risk of dying from cancer and cardiovascular (心脑血管的) disease by 25 percent and 31 percent.

3. Seek a purpose

Very old Blue Zoners share another quality: They have an activity, passion or career that motivates them and gives their lives meaning. Sense of purpose can come from a variety of sources, but volunteering is a common one. 【4】

4. Move it

【5】 What is unexpected: “They don't exercise, per se (本质上),” says Buettner. “Instead, their lifestyles encourage physical activity.” They garden, bake bread and walk to the store or to work.

- A. “They eat a little meat, but mostly fish,” he says.
B. They're still working, riding bikes, and enjoying life.
C. For some people, a sense of purpose comes naturally.
D. It's no surprise that physical activity also keeps Blue Zoners young.
E. One explanation: “Health habits can spread like an infectious disease.”
F. Adopt even a few, and you'll stand a better chance of living a long and healthy life.
G. There's growing evidence that it not only keeps people healthier but helps people live longer.

5. 书面表达

阅读下面短文, 根据所给情节进行续写, 使之构成一个完整的故事。

Once upon a time in my family, the Saturday after Thanksgiving was the start of our annual big tamale (玉米粽子) making party. We made them to share with friends and neighbors.

Preparation began with Daddy and the cleaning of the corn husks (外壳). First he boiled them and left them in the water overnight. No husk passed inspection without being soft enough for folding. The next day, the rest of us got to work. My brothers and uncles were on hand for cleanup duty. And there was much to clean up as we women prepared the dough (生面团) made of corn. We also prepared the meat for the filling. The dough had to be spread evenly across the husk, and each tamale folded carefully so it would not split open during steaming.

According to the long-standing tradition—at least in my family—no one was allowed to leave the kitchen during the steaming. This could ruin the process. After all, no one wanted a bad tamale!