

1.

Look at Some Greatest Bookstores

Another Country

Kreuzberg, Berlin, Germany. Another Country is an English Language second hand bookshop which is mostly used as a library. They have about 20, 000 books that you can buy or borrow. Some regular events are held at the shop, such as readings, cultural events, social evenings and film nights.

Atlantis Books

Oia, Santorini, Greece. Atlantis Books is an independent bookshop on the island of Santorini, Greece. It was founded in 2004 by a group of friends from Cyprus, England, and the United States. Throughout the year it has hosted literary festivals, film screenings, book readings, and good old fashioned dance parties.

Bart's Books

Ojai, California. U. S. A. "The World's Greatest Outdoor Bookstore", a bookstore founded by Richard Bartinsdale in 1964. Shelves of books face the street, and regular customers are asked to drop coins into the door's coin box to pay for any books they take whenever the store is closed.

Adrian Harrington

since 1971. Rare books: rare first editions; leather bound sets and general antiquarian(古玩).Address: 64a Kensington Church Street, Kensington, London, England, UK.

Corso Como Bookshop

Milan, Italy. Extensive selection of publication on art architecture, design graphics and fashion, along with a strong emphasis on photography. It was founded in 1990 in Milan, Italy, by Carla Sozzamil.

The Bookworm

China. A bookshop, library, bar, restaurant and event space, now with four divisions in three cities — Beijing, Suzhou and Chengdu. The interconnecting rooms with floor-to-ceiling books on every wall are light and airy in summer, yet warm and comfortable in winter.

【1】What can you do in Atlantis Books?

- A.Enjoy rare books. B.Attend a festival.
C.Learn photography. D.Buy books anytime.

【2】Which bookstore has the longest history?

- A.Adrian Harrington. B.Atlantis Books. C.Bart's Books. D.Corso Como Bookshop.

【3】How is The Bookworm different from the others?

- A.It is used as a library. B.It focuses on photography.
C.It hosts all sorts of activities. D.It has branches in different cities.

2.

James T.Green thought he was having a panic attack.

He took a break from work to walk around the block during a stressful day, and noticed he felt out of breath walking up a slight slope."This isn't normal," Green thought.He had become a regular biker in recent months and wasn't exactly out of shape.He sat down at his desk, and looked at the Apple Watch on his wrist.His heart rate was through the roof, and the Heart Watch app he was using to check his pulse (脉搏) was flashing warnings.Maybe it was something more serious, he thought. Although he had blood clots (血栓) in his lungs a few years back, he had been taking medication, and doctors said that it was an unusual condition for someone in their mid-20s.Still, the symptoms (症状) this time were much less serious, and he was feeling stressed, so his mind didn't automatically jump to blood clots.Green's doctor told him it sounded like anxiety.But then he showed her his heart rate recorded by the Apple Watch.

"This is my normal heart rate," Green told her, pointing to the graph in the app."This is where my heart is now.There's something wrong."

The doctor ordered a CT scan.The blood clots in his left lung had returned.An ambulance rushed Green to the emergency room, where he was pumped full of blood thinners.He didn't need surgery this time, but doctors told him that if he had waited, a clot could have killed him.

Green isn't the only person who has discovered a serious health condition after seeing heart-rate data on a smartwatch.And he won't be the last.Presently, smartwatches from Apple to Fitbit and others can tell you your heart rate and track your workouts.But these companies want to go beyond the basics by developing ways to tell you when something is wrong.In fact, it's already happening.

【1】What is not normal for Green this time?

- A.He breathed with difficulty. B.He worked out less often.
C.He had a heart attack. D.He was out of shape.

【2】Which of the following confirmed his serious problem?

- A.He himself. B.His doctor. C.The CT scan. D.The Apple Watch.

【3】What really caused the symptoms of Green this time?

- A.Tiredness. B.Anxiety. C.Work stress. D.Blood clots.

【4】What might be discussed in the following paragraph?

- A.Apple's new study on smartwatches. B.The tips on how to buy a smartwatch.
C.Other cases where smartwatches save lives. D.The application of smartwatches in health care.

3.

The great 18th-century author Montesquieu once put it, "I have never known any stress that an hour's reading does not reduce." And now many argue for a return to this view of literature as therapy, even using the word "bibliotherapy" (阅读疗法) to describe it.

So what does literature provide, beyond entertainment? It can act as a guide.Those who show great respect for Shakespeare, Milton or Proust should keep in mind that even the most famous author was still a human being.In other words, great writers have been through the same things as you.Like you, they found themselves in this strange world and they tried to make sense of it.And this is what most literature consists of: people trying to make sense of the world.

No matter what your fears or concerns may be, chances are some great writer has written about them.Before seeking (寻求) suggestions, either from a professional or a well-read friend, be clear about what is troubling you.For example, let's say you were raised in a religious (信仰宗教的) family but now, in later life, have lost your faith (信仰).This is painful to you and you feel empty and alone.Countless writers have gone down this path before you and have found a way out — the German poet and novelist Hermann Hesse, for example, wrote the wonderful little novel Siddhartha about this search for spiritual peace.

It would also help to consider your particular life stage.Someone from a poor background about to set off for a great college will want a different set of reading from a retired woman whose husband has died.To take another example, let's imagine you had a childhood of abuse (虐待).For years you have suffered from depression.In that case, you could try Edward St Aubyn's The Patrick Melrose Novels.St Aubyn's father abused him, while his mother escaped into drink, but Aubyn wrote a series of splendid novels based on his life, charting a man's journey through the hard situation of abuse and out the other end.

【1】Why does the author quote Montesquieu?