

1. 阅读理解

Remembering names is an important social skill. Here are some ways to master it.

Recite and repeat in conversation.

When you hear a person's name, repeat it. Immediately say it to yourself several times without moving your lips. You could also repeat the name in a way that does not sound forced or artificial.

Ask the other person to recite and repeat.

You can let other people help you remember their names. After you've been introduced to someone, ask that person to spell the name and pronounce it correctly for you. Most people will be pleased by the effort you're making to learn their names.

Admit you don't know.

Admitting that you can't remember someone's name can actually make people relaxed. Most of them will feel sympathy if you say, "I'm working to remember names better. Yours is right on the tip of my tongue. What is it again?"

Use associations.

Link each person you meet with one thing you find interesting or unusual. For example, you could make a mental note: "Vicki Cheng...tall, black hair. "To reinforce (加强) your associations, write them on a small card as soon as possible.

Limit the number of new names you learn at one time.

When meeting a group of people, concentrate on remembering just two or three names. Free yourself from remembering everyone. Few of the people in mass introductions expect you to remember their names. Another way is to limit yourself to learning just first names. Last names can come later.

Go early.

Consider going early to conferences, parties and classes. Sometimes just a few people show up on time. That's fewer names for you to remember. And as more people arrive, you can hear them being introduced to others-an automatic review for you.

【1】If you can't remember someone's name, you may _____.

- A. tell him the truth B. tell him a white lie
- C. ask him for pity D. ask others to help you

【2】When you meet a group of people, it is better to remember _____.

- A. all their names B. a couple of names first
- C. just their last names D. as many names as possible

【3】What does the text mainly tell us? _____

- A. Tips on an important social skill.
- B. Importance of attending parties.
- C. How to make use of associations.
- D. How to recite and repeat names.

2. 阅读理解

Our "Mommy and Me" time began two years ago. My next-door neighbor and fellow mother, Christie, and I were out in our front yards, watching seven children of age 6 and under ride their bikes up and down. "I wish I could take one of my children out alone," said Christie.

Then we worked out a plan: when Christie takes one of her children out, I'll watch her other three. And when she watches two of mine, I'll take someone out.

The children were extremely quick to accept the idea of "Mommy and Me" time. Christie's daughter, McKenzie, went first. When she returned, the other children asked her tons of questions. McKenzie was smiling broadly. Christie looked refreshed and happy. "She's like a different child when there's no one else around," Christie shared with me quickly. With her mother all to herself, McKenzie didn't have to make an effort to gain attention.

Just as Christie had noticed changes in McKenzie, I also discovered something different in each of my children during our alone times. For example, I am always surprised when my daughter, who is seldom close to me, holds my hand frequently. My stuttering (口吃的) son, Tom, doesn't stutter once during our activities since he doesn't have to struggle for a chance to speak. And the other son, Sam, who's always a follower when around other children shines as a leader during our times together.

The "Mommy and Me" time allows us to be simply alone and away with each child - talking, sharing, and laughing, which has been the biggest gain. Every child deserves to be an only child at least once in a while.

【1】What is the text mainly about? _____

- A. The advantage of spending time with one child at a time.
- B. The experience of the only child being with mother.
- C. The happy life of two families.
- D. The basic needs of children.

【2】Right after McKenzie came back, the other children were _____.

- A. happy B. regretful C. curious D. friendly

【3】What is one of the changes the author finds in her children? _____

- A. The boys become better followers.
- B. Sam holds her hand more often.
- C. The daughter acts like a leader.
- D. Tom has less difficulty in speaking.

【4】The author seems to believe that _____.

- A. having brothers and sisters is fun
- B. every child needs parents' full attention
- C. it's tiring to look after three children
- D. parents should watch others' children

3. 阅读理解

When Alok and I met in 1984, he was attracted by my passionate love of children, dogs, and poetry. I was drawn to his intelligence and his broad, comforting shoulders. Our marriage was very happy, and our sons, Viraj, an accountant, and Anurag, a lawyer, were warm, loving, and blessed with both a high level of integrity (正直) and a wicked sense of humour. It was as if I had everything I had wished for. When people said, "Life is not perfect," I used to think, "Oh, but it very nearly is."