

1.

Although Macao is small, it has all its vital organs. When you come to this unique town, there are experiences you can't miss.

Macao Tower

The Macao Tower, 338 meters tall, is the world's 10th highest tower, with a variety of activities, such as eating and entertainment. One of the activities is the bungee jump. The AJ Hackett Macao Tower Bungee Jump is 233 meters high, making it a Guinness World Record as the highest commercial bungee jump in the world. Raise your arms and off you go!

Macao Maritime Museum

Occupying an area of 800 square meters, the Macao Maritime Museum was built on the site where the first group of Portuguese explorers landed on Macao in 1553. Enlarged in 1990, the museum follows the typical museum layouts of a European style. The exhibits explore major themes in the history of the maritime industry in Macao and show traditions, fishing techniques and navigation equipment of the fishermen in Macao.

Ruins of St. Paul

The Ruins of St. Paul is the signature landmark of Macao. The ruins consist of the St. Paul's College and the Church of St. Paul, built in 1583. However, after three intense fires in 1595, 1601 and 1835, the church was seriously damaged. Surprisingly, after the vigorous cycles of rebuilding and fires, the huge facade (正面) and the front stairway remain unburned.

Macao Grand Prix

The Macao Grand Prix is a major worldwide car-racing event held annually, attracting over 300 top drivers every year. Racing through the small streets and roads over this tiny city, the Macao Grand Prix circuit is the only street circuit racing in the world for car and motorcycle events. Thus, it is also well-known as one of the world's most demanding circuits.

【1】As a bungee enthusiast, Brian will most likely visit .

- A.the Macao Grand Prix B.the Macao Maritime Museum
C.the Ruins of St. Paul D.the Macao Tower

【2】What will you do in the Macao Maritime Museum?

- A.Enjoy amazing egg tarts. B.Learn about the sea history of Macao.
C.Take a boat to the sea. D.Listen to tours led by local fishermen.

【3】What is special about Macao Grand Prix?

- A.It is held annually. B.It attracts many drivers.
C.It features street racing. D.It offers relics views.

2.

It is reported that using a smartphone at mealtimes can lead to an expanding waistline. Researchers have found that men and women consumed 15 percent more calories when looking at their phones while eating. They also ate more fatty food. The groundbreaking study suggests that staring at a phone screen may distract diners from how much food they are actually eating.

"It may prevent the correct understanding of the brain over the amount of food that is eaten," said researchers who filmed 62 volunteers eating alone.

The men and women, aged from 18 to 28, were invited to help themselves to a choice of food — ranging from healthy options to soft drinks and chocolates — until they were finally satisfied. In three trials, the volunteers were recorded eating with no distractions, using a smart phone or reading a magazine. According to the study, on average, the volunteers ate 535 calories without the distraction of a smartphone but 591 calories when using a mobile phone instead.

Those in the sample who were classified as overweight ate 616 calories while using their phones. When they were in possession of their mobile phones, the volunteers consumed 10 percent more fatty foods. When reading a magazine, they also ate more compared with no distractions during a meal, but they consume less calories compared with the use of smart phones when having a meal.

"The use of a smart phone during a meal increased calorie and fat intake," said Marcio Gilberto Zangeronimoa, a lead author of the study carried out at the Federal University of Lavras in Brazil and University Medical Center Utrecht in the Netherlands.

He added, "At present, tablets and smart phones have become the main 'distractors' during meals, even early in childhood, and distractors prevent the brain correctly understanding the amount of food ingested, so it is important to pay attention to how this may impact food choices."

【1】Which phrase can best replace the underlined word "distract" in the first paragraph?

- A.Draw ... to ... B.Give ... out.
C.Bring about... D.Break ... up.

【2】According to the study, a lady may consume the least calories during a meal when .

- A.eating with no distractions B.eating with a magazine
C.eating with a phone D.eating with a tablet

【3】What is Marcio Gilberto Zangeronimoa's attitude to the use of phones during a meal?

- A.Favorable. B.Negative. C.Indifferent. D.Surprised.

【4】This passage most likely comes from .

- A.a diary B.a magazine C.a novel D.a tourist guide

3.

Felicien, a 29-year-old African graduate student, smiled as he helped a woman use a ticket on her phone to enter the Summer Palace in Beijing. As a volunteer in the palace garden, Felicien is just one of many African students studying in China.

The China-Africa Cooperation Meeting was held in Beijing from Sept 3 to 4. On the meeting, Chinese President Xi Jinping promised to offer working training courses, 50,000 scholarships for African youths and invite 2,000 young African people to visit China. "The future of China-Africa relations lies in our young people," Xi said. He also said that China will provide \$60 billion in support, including free aid and special funds, for Africa's development.

The friendship between China and Africa dates back 600 years to the travels of Chinese explorer Zheng He, whose ships reached East Africa four times. Zheng brought gifts to his African hosts and took back nothing but a few giraffes. Today, China sees Africa as an equal partner in development and in international and regional affairs. China has been Africa's largest trading partner for 9 years. Chinese investments in Africa have increased more than 100 times in the past 18 years. China and Africa have strengthened cooperation since 2013, with the tremendous help of the Belt and Road Initiative (BRI).

"China follows the principle of giving more and taking less, giving before taking and giving without asking for return. With open arms, we welcome African countries aboard the train of China's development," Xi said. Xi's words received much praise from African leaders.

Indeed, "With goodwill and cooperation with Beijing, Africa can bring her wisdom on board, mix it to the Chinese Dream and jointly build a community of shared future for all mankind," commented an expert