

1.

International Volunteering in New Zealand

If you're visiting New Zealand and would like to volunteer, DOC (Department of Conservation) welcomes you to get involved.

Before you come to New Zealand

You do not need a work visa to volunteer with DOC. You can volunteer on entry to New Zealand as long as you do not receive payment or benefits.

You may need a police certificate

Depending on the volunteer work you do with us, you may be required to provide a police certificate to DOC. Your police certificate would need to be written and certified in English. It's easier for you if you get a police certificate before you leave your country.

How to get a new police certificate if you're already in New Zealand. (Click here)

International students

Volunteering with DOC is an option to gain experience. However, DOC does not offer opportunities to students who study at universities outside New Zealand, or other education providers outside New Zealand.

Insurance

For all volunteers with DOC, we strongly advise you get comprehensive (综合的) travel insurance and unlimited medical cover. DOC does not accept responsibility for any:

- personal medical or accident events.
- loss or damage to personal items of equipment, or other associated costs while you're volunteering with DOC.

【1】What may you offer to DOC if you want to volunteer as a foreigner in New Zealand?

A.A police certificate B.A work visa.

C.A university diploma. D.A driver license.

【2】Who cannot volunteer with DOC in New Zealand?

A.An American official who is travelling in New Zealand.

B.An English college student who has just been visiting his uncle in New Zealand.

C.A Chinese exchange student in the University of Auckland in New Zealand.

D.A Chinese businessman with some volunteering experiences.

【3】Where is this passage probably from?

A.A story book. B.A newspaper.

C.A travel guide book. D.A website.

2.

Asking for help is a sign of strength rather than weakness. In American culture, the independent individual is seen as their ideal. As the University of Missouri at St. Louis states on its website under the heading Key American Values, "Americans have been trained since very early in their lives to consider themselves as separate individuals who are responsible for their own situations in life and their own destinies." The value also makes them think they can do everything themselves, and makes them feel bad about asking for help when they need it.

And when it comes to work situations, when they think about asking for help there, sometimes they fear that a request for help would make them look inept. While this has always been true for men, many women in the workplace have felt the need to try twice as hard as their male colleagues and do twice as much to get just as far and to prove their worth. Sometimes when we think about asking for help, our inner voices tell us, "See, if you admit you can't do this on your own, they'll see you for the imposter (骗子) you really are."

But the fact is, even though individualism is on the rise, we can't do everything by ourselves and we shouldn't try.

Apple founder Steve Jobs once told the Santa Clara Valley Historical Association about the power of asking for help, and how he "never found anybody who didn't want to help me when I asked them for help". He said, at the age of 12, he called Bill Hewlett, co-founder of Hewlett-Packard, on the phone after getting his number from the phone book and asking him for spare parts so he could build a frequency counter (计频器). And Hewlett agreed and offered young Jobs a summer job assembling frequency counters.

"If you're afraid of failing, you won't get very far," Jobs said.

【1】What is the first paragraph mainly about?

A.What key American values are.

B.Asking for help is a sign of strength.

C.Why Americans refuse to ask for help.

D.Americans are responsible for their life.

【2】Which of the following can replace the underlined word "inept" in Paragraph 2?

A.incompetent B.depressed

C.impolite D.sensitive

【3】What can be learned from this US cultural phenomenon?

A.Americans suffer a lot from mutual distrust.

B.Americans think highly of individual values.

C.Americans should learn to build up confidence.

D.Americans see weakness as a sign of strength.

【4】What can we learn from Jobs' words in the last paragraph?

A.Learn to cooperate with others. B.Be brave to try whatever you want.

C.Never ask for help. D.Don't hesitate to ask for help.

3.

I had an experience some years ago, which taught me something about the ways in which people make a bad situation worse by blaming themselves. One January, I had to hold two funerals on successive days for two elderly women in my community. Both had died "full of years", as the Bible would say. Their homes happened to be near each other, so I paid condolence (吊唁) calls on the two families on the same afternoon.

At the first home, the son of the deceased (已故的) woman said to me, "If only I had sent my mother to Florida and gotten her out of this cold and snow, she would be alive today. It's my fault that she died." At the second home, the son of the other deceased woman said, "If only I hadn't insisted on my mother's going to Florida, she would be alive today. That long airplane ride, the sudden change of climate, was more than she could take. It's my fault that she's dead."