

1.

A holiday is any day when people lay aside their ordinary duties and cares. The word came from Old English. At first, holidays honored some holy events or persons. People in Great Britain and other countries speak of holidays as Americans speak of vacations.

Every nation has its special holidays. China observes New Year's Day(January 1), May Day and National Day as it was on Oct.1, 1949 that the People's Republic of China was founded as legal (法定的) holidays. The Chinese have long celebrated the Chinese lunar year. In the United States, Congress has declared several days as legal holidays such as New Year's Day(January 1), Martin Luther King, Thanksgiving Day, Christmas Day and so on. Some holidays celebrate special events in the development of a country, such as Greece's Independence Day and Italy's Liberation Day.

In the United States, banks and school usually close on a legal holiday. When such a holiday falls on Sunday, the following Monday is usually observed. Schools and organizations often observe days known as traditional holidays, although schools and business do not close then. Those holidays include Valentine's Day and Halloween.

【1】From the passage we know that China's National Day is on _____.

A.January 1 B.October 1 C.May 1 D.June 1

【2】The underlined word in the 2nd paragraph probably means _____.

A.celebrates B.spends C.cares D.praises.

【3】Which of the following holidays has nothing to do with a country's development?

A.China's National Day. B.Italy's Liberation Day.

C.Valentine's Day. D.Independence Day.

【4】If a legal holiday falls on Sunday in the USA, people usually celebrate in on _____.

A.Sunday B.the following Sunday

C.the following Monday D.the following Tuesday

2.

Meat and vegetables are measured in grams and kilograms. Milk and other liquid foods are measured in liters or milliliters. These units only measure quantity; they do not measure the value of the food to the body. The unit which measures the quality or value of food is the calorie(热量单位: 卡). This measurement tells how much energy a certain food has when it is completely used by the body.

Our bodies use various amount of calories. The more exercise we take, the more calories we burn. If we eat food which contains more calories than we use up, then it is possible that we would increase in weight. In order to avoid becoming overweight, it is advisable to eat a balanced diet and not to eat too many foods that have more calories. The table below gives you some idea of the number of calories in food.

Meats	Fruits	Sweets and Pastries	Vegetables
Slice of bacon 50	Apple 70	Small chocolate bar 190	60g bean 15
Hamburger 300	Orange 60	Large chocolate bar 225	60g carrot 18
Slice of beef 100	Pear 80	Slice apple pie 300	60g potato 60
Sausage 180	Banana 80	Doughnut 200	60g onion 25
Meat pie 500	Plum 20	Scoop of ice cream 85	60g cucumber 10
Sausage roll 350	Tomato 20	Bag of potato crisps 145	60g cabbage 15

【1】Which is the best title of this passage?

A.The units of measurement. B.How to measure the quality of food.

C.How to keep fit D.Calories in foods.

【2】How many slices of bacon equal the same number of calories as in a sausage roll?

A.6. B.7. C.5. D.8

【3】To take in less heat, it is better to eat more _____.

A.chocolate B.meat pies C.apple pies D.fruit

【4】When do you need the most calories from your diet?

A.When we sleep. B.While watching a play.

C.While working in the fields. D.After getting up.

3.

Mark Twain, the famous American writer and a great master of humour, liked to play jokes on others. But once a joke was played on him. One day Mark Twain was invited to give a talk in a small town. At lunch he met a young man, one of his friends.

The young man said that he had an uncle with him. He told Mark Twain that his uncle never laughed or smiled, and that nobody and nothing was able to make his uncle smile or laugh.

"You bring your uncle to my talk this evening," said Mark Twain. "I'm sure I can make him laugh."

That evening the young man and his uncle sat in the front. Mark Twain began to speak. He told several funny stories and made everyone in the room laugh. But the old man never even smiled. Mark Twain told more funny stories, but the old man still kept quiet. Mark Twain continued to tell his funny stories. Finally he stopped. He was tired and quite disappointed.

Some days later, Mark Twain told another friend what had happened. "Oh," said his friend, "I know that man."