

## 1. 阅读理解

## First Aid Level 1

The course is suitable for anyone who wants to learn CPR, short for cardiopulmonary resuscitation (心肺复苏法). It also covers management of bleeding and shock. This course includes assessment and leads to a New Zealand Qualifications Authority (NZQA) unit standard. The most attractive point is that a well-known doctor will teach this course.

Price: \$ 100

Duration: 1 day

## First Aid Level 2

It includes all of the course content from First Aid Level 1, plus an additional half day. Suitable for first aiders, health and safety staff and anyone who needs first-aid knowledge for their professional qualification. A very experienced doctor will teach this course.

Price: \$ 150

Duration: 1.5 days

## Resuscitation Level 3

This training course is for those who require Level 3 resuscitation skills, especially people who have a duty to respond and are probably concerned with the start of resuscitation.

Price: \$ 160

Duration: 4 hours

## Resuscitation Level 4

This is an important health professional resuscitation training course. It can be used as a Level 4 refresher course. This course is the most suitable for nurses, nurse managers, District Health Board (DHB) resuscitation officers.

Price: \$ 200

Duration: 4 hours

Take a look at the series of first aid courses, so that you can choose the medical learning experience that best matches your needs.

【1】How is First Aid Level 1 different from the other courses?

- A. It's the most expensive.
- B. It'll last the longest time.
- C. It'll be taught by a famous doctor.
- D. It's meant for health and safety officers.

【2】How much should an applicant pay per hour for Resuscitation Level 3?

- A. \$ 40. B. \$ 50.
- C. \$ 100. D. \$ 160.

【3】What is the main purpose of the text?

- A. To show doctors' responsibilities.
- B. To advertise the first aid courses.
- C. To advise medical professionals to assess their living standards.
- D. To inform medical staff of the medical levels of the four hospitals.

## 2. 阅读理解

Remember Vitaminwater's "free of rolling screen for a year" challenge that dared people to be free from smart phones for a whole year will win \$ 100,000? Well, Elana Mugdan, a New York woman, has been into it for eight months, and just four months away from claiming grand prize.

Vitaminwater made news headlines last December when it announced its unique challenge. Thousands of people applied to be chosen as the perfect candidate to spend a year without touching their smart phones, but in the end, the only person who got to try and survive for an entire year without a handheld smart phone was Elana Mugdan, a 29-year-old fiction writer from Queens, New York. Eight months into the challenge, she claims it has been a free and eye-opening experience that shows her just how dependent she becomes on her smart phone. Even though there are times when she misses her handheld smart phone, she plans to go on living without it even after the challenge ends, because she really doesn't want to go back to days when she abused it, wasted time, stayed up all hours of the night on it, and was obsessed with social media.

But not having access to her smart phone really made certain situations a lot harder than she could have imagined them before. "Many people did me a favor. However, once, I almost got stranded (滞留) in the SeaTac airport because the phone number I'd written down was wrong, and I had no way of referring to the right one, no way of calling a cab, and no one in the state who could help me," the young writer said.

Another time, her car's "check engine" light turned on while she was driving in an unfamiliar area at night. She couldn't use her phone's GPS location feature, nor even check what the light meant on Google or find a nearby car repair shop. Still, she learned to overcome these situations. And now she claims the last eight months of phone-free life have been one of the best adventures of her life and that she'll keep it for another four months.

【1】What's the challenge "free of rolling screen for a year"?

- A. People free from smart phones can live a richer life.
- B. People living a telephone-free life can be awarded every year.
- C. People living without computers for a year will win grand prize.
- D. People spending a year free from smart phones will get a reward.

【2】Which phrase can replace the underlined part "obsessed with" in paragraph 2?

- A. satisfied with B. accustomed to
- C. addicted to D. popular with

【3】What does Elana Mugdan mainly want to express in paragraph 3?

- A. It's fantastic to have someone to help her all the way.
- B. It's unimaginable to lose her phone number on the way.
- C. It's unnecessary to refer to information with a smart phone.
- D. It's difficult to get out of the trouble without a smart phone.

【4】What can we learn about Elana Mugdan?

- A. She couldn't live without a smart phone.
- B. She finds no one can help her in the adventure.