2022广东高三下学期人教版高中英语高考模拟

1.

Learning how to be patient with people can be challenging for some people. After all, not everybody is gifted with great 1. The good news is that it is something that can be 2 and eventually perfected.

When the customer before you takes ages to <u>3</u> his or her groceries, you tap your foot impatiently and cough every now and then to remind the <u>4</u> to move quickly; but no, he is still not <u>5</u>. It takes all of your power not to make a scene. However, if you <u>6</u> that customer to be someone you like, then you will find yourself not getting too <u>7</u>, right?

So the next time you find yourself losing patience with somebody, simply think of that person to be someone you really 8 and your patience will last longer.

The second step on how to be patient with people involves whistling. When you whistle a $\underline{9}$ tune, you are instantly in good $\underline{10}$. You can hum(哼) your favorite song if you can't whistle—it really doesn't make a(n) $\underline{11}$. What's important here is that you did something that makes you feel good. And when you feel good, you are more $\underline{12}$ to be patient with the people around you.

When you're stressed, it's almost impossible to learn how to be patient with people. You've got to find a way to 13 first. If you know you're going to be in a situation where your patience will be tested, get yourself a massage(按摩) first. Remember: the more stressed you are, the 14 you'll lose your temper.

Learning how to be patient with people is not a 15 in life. You've seen people who manage to survive day to day with unbelievably short tempers after all

1. A. patience	B. generosity	C. elegance	D. strength
2. A. ignored	B. stressed	C. rejected	D. learned
3. A. pay for	B. apply for	C. ask for	D. care for
4. A. assistant	B. friend	C. customer	D. patient
5. A. standing up	B. hurrying up	C. getting up	D. giving up
6. A. imagine	B. allow	C. believe	D. refer
7. A. puzzled	B. shocked	C. amused	D. annoyed
8. A. adore	B. hate	C. recogniz	ze D. know
9. A. swift	B. happy	C. loud	D. sad
10. A. circumstan	ces B. preparations	C. spirits	D. places
11. A. mistake	B. difference	C. effort	D. scene
12. A. friendly	B. lovely	C. likely	D. lonely