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### Product Description

Life Without Limits helps you clarify what you want in every area of your life. By using Bassett's powerful techniques you will change; therefore your life will change. You control you life. will change. You control your life. And only you can take steps to change it. Life Without Limits helps you take back your power.

Life Without Limits helps you to achieve satisfaction and fulfillment personally, professionally, and financially. Once you have defined what success means for you, you will clarify your dreams and start pursuing them.

### Product Details

- Published in: 2001-12
- Released on: 2001-12-24
- Original language: English
- Dimensions: 5.3 x 0.7 x 8 inches
- Binding: Paperback
- 304 pages

### About the Author

Lucinda Bassett is the founder and CEO of one of the most successful self-help companies in the country, the Midwest Center for Stress and Anxiety, Inc. Author of the national bestseller From Panic to Power, Lucinda Bassett produces and hosts the award-winning infomercial, Attacking Anxiety. She has shared her techniques with such clients as McDonalds, Chrysler, and AT&T. She has appeared on numerous talk shows, including Oprah and The View, and been featured in Family Circle, Reader's Digest, and many more.

### Customer Reviews

This book has helped me to gain hope and courage to cope with all my fears and worries. Lucinda writes with such a great understanding and sympathy. She herself had problems with panic and worry. Her positive thinking tips are easy to follow. I don't get lost in a lot of mental problems. It's as if she were holding your hand, sitting right beside you, cheering you on! I believe I can do anything I set my mind to after reading this book. However, there are some other readers holding the contrary views.

21. What is Life Without Limits about?

- A. It shows readers what Lucinda Bassett is.
- B. It encourages readers to realize their dreams.
- C. It describes how hard the actual life is.
- D. It implies it is hard to control your life.

22. Lucinda Bassett works as all the following except \_\_\_\_\_.

- A. hostess B. teacher C. writer D. businesswoman

23. We can conclude from the last paragraph that \_\_\_\_\_.

- A. Lucinda has made a lot of money from the book