

备考2021年高考英语一轮复习34: 任务型阅读

任务型阅读

1. 任务型阅读

请认真阅读下面短文, 并根据所读内容在文章后表格中的空格里填入一个最恰当的单词。每个空格只填一个单词。

Humor

If you see humor as an optional form of entertainment, you're missing some of its biggest benefits: Humor makes average-looking people look cute and uninteresting people seem entertaining. Studies show that a good sense of humor even makes you seem smarter.

Best of all, humor raises your energy, and that can have an effect on everything you do at school, at work, or in your personal life. The increase of energy will even make you more willing to exercise, and that will raise your overall energy even more.

Humor also transports your mind away from your daily troubles. Humor lets you better understand life and sometimes helps you laugh at even the worst of your problems.

In my experience, most people think they have a sense of humor, and to some degree that's true. But not all senses of humor are created equal. So I thought it would be useful to include some humor tips for everyday life.

You don't have to be the joke teller in the group in order to show your sense of humor. You can be the one who directs the conversation to fun topics that are ripe for others to add humor. Every party needs a straight person. You'll appear fun and funny by association.

When it comes to in-person humor, effort counts a lot. When people see you trying to be funny, it frees them to try it themselves. So even if your own efforts at humor fall short, you might be freeing the long kept humor in others. People need permission to be funny in social settings because there's always a risk that comes with humor. For in-person humor, quality isn't as important as you might think. Your attitude and effort count a lot.

Some people--and I was one of them--believe that humorous complaints about the little problems of life make humor, and sometimes that is the case. The problem comes when you start doing too much complaint-based humor. One funny observation about problem in your life can be funny, but five is just complaining, no matter how smart you think you are. Funny complaints can wear people out.

Self-deprecating(自嘲式) humor is usually the safest type, but here again you don't want to overshoot the target. One self-deprecating comment is a generous and even confident form of humor. You have to be at least a bit self-assured to laugh at yourself in front of others. But if you do it too often, you can transform in the eyes of others from a confident joker to a Chihuahua dog.

Humor
