

辽宁省朝阳市2021届高三下学期英语5月第四次模拟考试试卷

阅读理解（共15小题；每小题2.5分，满分37.5分）

1. 阅读理解

阅读理解

Healthy Diet is a new magazine for people who want to enjoy their best health and understand how to make healthy choices every day.

What we do

Cutting through the confusion and fashion that have flooded the health, nutrition and fitness industries, Healthy Diet provides clear and sensible advice from the best health professionals and TV experts to make healthy eating easy and affordable for the family. Our unique product can help your brand (品牌) reach the right audiences fast. Healthy Diet offers great value on healthy foods and meals every issue. Each month, our editor team and health experts offer readers easy tips and practical advice about everyday life.

Our Media Platforms

Our media platforms are designed to work harmoniously with key industry brands to reach new and bigger audiences by making use of our publishing and marketing expertise (专长). To find out more about commercial opportunities with Healthy Diet, drop us a line now.

7-day Veggie (素食) Challenge

If you're ready to give up meat for one week, we're here to help. Inside this guide, you'll find our favourite meat-free dinners are easy and cheap to cook, and totally delicious too. And we uncover just some of the benefits you can look forward to if you give up the animal protein for seven days.

How to contact

Click here to update your Healthy Diet preferences. Healthy Diet is brought to you by Anthem Publishing.

Registered office: Suite 6 Piccadilly House, London Road, Bath BA1 6PL Registered in England No. 4542063. You can click here to download your free 7-day Veggie Challenge.

(1) What does the author think of healthy eating with the help of Healthy Diet ?

A. Confusing. B. Sensible. C. Challenging. D. Easy.

(2) What's the feature about the meat-free dinner?

A. It's hard to learn. B. It's easy to prepare. C. It costs a lot. D. It tastes bad.

(3) What is the purpose of the text?

A. To advertise Healthy Diet. B. To show the importance of health. C. To introduce how to contact Healthy Diet. D. To demonstrate a 7-day Veggie Challenge.

2. 阅读理解